

Monografia GSS 2008 – Rachide & Riabilitazione Multidisciplinare – Quarto Evidence Based Meeting

- Strøyer J, Jensen LD. The role of physical fitness as risk indicator of increased low back pain intensity among people working with physically and mentally disabled persons: a 30-month prospective study. *Spine*, 2008 Mar 1; 33(5): 546-54
- Wormgoor ME, Indahl A, van Tulder MW, Kemper HC. The impact of aerobic fitness on functioning in chronic back pain. *Eur Spine J*. 2007 Dec 5; [Epub ahead of print]
- Gaskell L, Enright S, Tyson S. The effects of a back rehabilitation programme for patients with chronic low back pain. *J Eval Clin Pract*. 2007 Oct;13(5):795-800.
- Nabeel I, Baker BA, McGrail MP Jr, Flottemesch TJ. Correlation between physical activity, fitness, and musculoskeletal injuries in police officers. *Minn Med*. 2007 Sep;90(9):40-3.
- Smeets RJ, Wittink H. The deconditioning paradigm for chronic low back pain unmasked? *Pain*. 2007 Aug;130(3):201-2. Epub 2007 May 25. No abstract available.
- Bousema EJ, Verbunt JA, Seelen HA, Vlaeyen JW, Knottnerus JA. Disuse and physical deconditioning in the first year after the onset of back pain. *Pain*. 2007 Aug;130(3):279-86. Epub 2007 Apr 30
- van Tulder M, Malmivaara A, Hayden J, Koes B. Statistical significance versus clinical importance: trials on exercise therapy for chronic low back pain as example. *Spine*. 2007 Jul 15;32(16):1785-90.
- Johnson RE, Jones GT, Wiles NJ, Chaddock C, Potter RG, Roberts C, Symmons DP, Watson PJ, Torgerson DJ, Macfarlane GJ. Active exercise, education, and cognitive behavioral therapy for persistent disabling low back pain: a randomized controlled trial. *Spine*. 2007 Jul 1;32(15):1578-85.
- Jensen I, Harms-Ringdahl K. Strategies for prevention and management of musculoskeletal conditions. *Neck pain*. *Best Pract Res Clin Rheumatol*. 2007 Feb;21(1):93-108. Review.
- Wilder RP, Greene JA, Winters KL, Long WB 3rd, Gubler K, Edlich RF. Physical fitness assessment: an update. *J Long Term Eff Med Implants*, 2006; 16(2): 193-204.
- Hoch AZ, Young J, Press J. Aerobic fitness in women with chronic discogenic nonradicular low back pain. *Am J Phys Med Rehabil*. 2006 Jul;85(7):607-13.
- Bo Andersen L, Wedderkopp N, Leboeuf-Yde C. Association between back pain and physical fitness in adolescents. *Spine*. 2006 Jul 1;31(15):1740-4.
- Carter JM, Beam WC, McMahan SG, Barr ML, Brown LE.
- The effects of stability ball training on spinal stability in sedentary individuals.
- *J Strength Cond Res*. 2006 May;20(2):429-35.
- Smeets RJ, Wittink H, Hidding A, Knottnerus JA. Do patients with chronic low back pain have a lower level of aerobic fitness than healthy controls? Are pain, disability, fear of injury, working status, or level of leisure time activity associated with the difference in aerobic fitness level? *Spine*. 2006 Jan 1;31(1):90-7; discussion 98.
- Carr JL, Klaber Moffett JA, Howarth E, Richmond SJ, Torgerson DJ, Jackson DA, Metcalfe CJ. A randomized trial comparing a group exercise programme for back pain patients with individual physiotherapy in a severely deprived area. *Disabil Rehabil*. 2005 Aug 19;27(16):929-37.
- Ropponen A, Gibbons LE, Videman T, Battié MC. Isometric back extension endurance testing: reasons for test termination. *J Orthop Sports Phys Ther*. 2005 Jul; 35(7): 437-42