

Bibliografia

- 1 Lavsky-Shulhan M, Wallace RB, Kohout FJ, et al. Prevalence and functional correlates of low back pain in the elderly: the Iowa 65_ rural health study. *J Am Geriatr Soc* 1985;33:23–8.
- 2 Leveille SG, Guralnik JM, Hochberg M, et al. Low back pain and disability in older women: independent association with difficulty but not inability to perform daily living activities. *J Gerontol* 1999;54:M487–93.
- 3 Hurwitz EL, Morgenstern H. Correlates of back problems and back related disability in the United States. *J Clin Epidemiol* 1997;50:669–81.
- 4 Linton SJ. Occupational psychological factors increase the risk for back pain: a systematic review. *J Occup Rehabil* 2001;11:53–66.
- 5 Hartvigsen J, Christensen K, Frederiksen H. Back pain remains a common symptom in old age: a population-based study of 4486 Danish twins aged 70–102. *Eur Spine J* 2003;12:528–34.
- 6 Hartley BB, Warren JK, Rachon PA, et al. The prevalence of low back pain in the elderly: a systematic review of the literature. *Spine* 1999;24:1813–9.
- 7 Ferrucci L, Bandinelli S, Benvenuti E, et al. Subsystems contributing to the decline in ability to walk: bridging the gap between epidemiology and geriatric practice in the InCHIANTI Study. *J Am Geriatr Soc* 2000;48:1618–25.
- 8 Heikkinen E, Waters WE. *The Elderly in Eleven Countries: A Socio-Medical Survey*. Copenhagen: WHO, 1989.
- 9 Bandinelli S, Benvenuti E, Del Lungo I, et al. Measuring muscular strength of the lower limbs by hand-held dynamometer: a standard protocol. *Aging Clin Exp Res* 1999;11:287–93.
- 10 Rantanen T, Guralnick JM, Foley D, et al. Midlife handgrip strength as a predictor of old age disability. *JAMA* 1999;281:558–60.
- 11 Basseij EJ, Short AH. New method for measuring power output in a single leg extension: feasibility, reliability and validity. *Eur J Appl Physiol* 1990;60:385–90.
- 12 IBraun MJ, Meta MD, Schneider P, et al. Clinical evaluation of a highresolution new peripheral quantitative computerized tomography (pQCT) scanner for the bone densitometry at the lower limbs. *Phys Med Biol* 1998; 43:2279–94.
- 13 Radloff LS. The CED-S scale: a self-report depression scale for research in the general population. *Appl Psychol Meas* 1977;1:385–401.
- 14 Derogatis LR, Lipman RS, Rickels K, et al. The Hopkins Symptom Checklist (HSCL): a self-report symptom inventory. *Behav Sci* 1974;19:1–15.
- 15 Stata Corp. *Stata Statistical Software (7.1)*. College Station, TX: Stata Corp., 2002.
- 16 Edmond SL, Felson DT. Prevalence of back symptoms in elders. *J Rheumatol* 2000;27:220–5.
- 17 Waddell G. *The Back Pain Revolution*. London: Hartcourt, 1999